Hagar Nofal, M.B., B.Ch, M.Sc., MD Omar Ibn Elkhattab St, Takseem El Moelmeen, Zagazig, Sharkia, Egypt. +201006387707 hnofal@medicine.zu.edu.eg Education:	
Doctorate of Dermatology and Venereology, Faculty of Medicine, Zagazig University.	2020
Thesis entitled: Turmeric Based Therapy in the Treatment of Psoriasis: a Clinical Trial	
Master's (M.Sc.) in Dermatology and Venereology, Faculty of Medicine Zagazig University. General Grade: very good	2014
Thesis entitled: "Mannose Binding Lectin gene polymorphism in psoriatic patients".	
European Resuscitation Council (ERC) Adult Life Support (ALS) provider course.	2010
Bachelor (M.B., B.Ch) degree in Medicine and Surgery, Faculty of Medicine Zagazig University. General Grade: Excellent with honors. Ranking: 10 <sup>th</sup> position/800.	2009

#### Career History & Accomplishments

•	Postgraduate training program coordinator	February 2024 - Now	
•	Head of Psoriasis Unit, Dermatology Department, Faculty	Jan 2023 – Now	
	of Medicine, Zagazig University		
•	Head of Dermatopathology Unit, Dermatology	Sep 2021 – Jan 2023	
	Department, Faculty of Medicine, Zagazig University		
•	Lecturer of Dermatology, Faculty of Medicine, Zagazig	April 2020 – till now	
	University.		
•	Assistant lecturer in Dermatology and Venereology	July 2014 – March 2020	
	department, Faculty of Medicine, Zagazig University.	July 2011 March 2020	
•	Demonstrator in Dermatology and Venereology	July 2014 – November 2014	
	department, Faculty of Medicine, Zagazig University.		
•	Dermatology resident in Zagazig University Hospitals,	Aug 2011-July2014	
	Egypt.		
•	General practitioner in Ministry of Health, Egypt.	Mar 2011- July 2011	
•	Intern in Zagazig University Hospitals, Egypt.	Mar 2010 - Feb 2011	
•	Instructor potential in European Resuscitation Council		
	(ERC) Adult Life Support (ALS).	2010	

### **Publications:**

• **Hagar Nofal**, Fatma Omran, Basma ElKholy, Sara Nofal, Ahmad Nofal, Tazarotene is as effective and well-tolerated as imiquimod in the treatment of verruca plana: a comparative randomized controlled trial, *Clinical and Experimental Dermatology*, Volume 49, Issue 10, October 2024, Pages 1197–1204, <u>https://doi.org/10.1093/ced/llae133</u>

• Amer FA, Nofal HA, Gebriel MG, Bedawy AM, Allam AA, Khalil HES, Elahmady M, **Nofal H**, Saeed MA, Shaltout SW, Behiry A, Attia O, Bahgat SM, Ali AA, Ahmed FM, Abdelrahman AM and Hammad NM (2024) Grasping knowledge, attitude, and perception towards monkeypox among healthcare workers and medical students: an Egyptian cross-sectional study. *Front. Cell. Infect. Microbiol.* 14:1339352. doi: 10.3389/fcimb.2024.1339352

• Nofal, A., Fawzy, M. M., Eldeeb, F., **Nofal, H.**, & El-Hawary, E. E. (2022). High versus low dose oral isotretinoin in the treatment of cutaneous and genital warts. Dermatologic therapy, 35(12), e15964. <u>https://doi.org/10.1111/dth.15964</u>

• Nofal AA, Elkholy BM, Abd-Elmonsef ER, **Nofal HO**. Triple Intralesional Antigen Immunotherapy versus Monoantigen in the Treatment of Multiple Recalcitrant Warts. Dermatol Ther (Heidelb). 2022 May;12(5):1225-1237. doi: 10.1007/s13555-022-00725-x. Epub 2022 Apr 21. PMID: 35449500; PMCID: PMC9110629.

• **Nofal, H**, AlAkad, R, Nofal, A, et al. H syndrome: A review of treatment options and a hypothesis of phenotypic variability. Dermatologic Therapy. 2021; 34(5):e15082. doi:10.1111/dth.15082

• Amin Amer, Mohamed Amer and **Hagar Nofal** (January 11th 2021). Botulinum Toxin for the Face, Cosmetic Surgery, Yueh-Bih Tang, IntechOpen, DOI: 10.5772/intechopen.94495. Available from: <u>https://www.intechopen.com/books/cosmetic-surgery/botulinum-toxin-for-the-face</u>

• Ibrahim, S., Amer, A., ElKashishy, K., Sami, D., **Nofal, H.**, Abdellatif, A. (2020). Turmeric extract-based therapy for psoriasis. Zagazig University Medical Journal, -. doi: 10.21608/zumj.2020.20702.1648

• Ibrahim S, Amer A, **Nofal H**, Abdellatif A. Practical compendium for psoriasis management. Dermatol Ther. 2020;33(2):e13243. doi:10.1111/dth.13243

• Nofal A, Nofal E, Yosef A, **Nofal H**. Treatment of recalcitrant warts with intralesional measles, mumps, and rubella vaccine: a promising approach. Int J Dermatol. 2014 Jul 29.

# Professional honors, awards and fellowships

- AAUW International Postdoctoral Fellowship, 2021
- Fulbright Egyptian Scholar Program, AY 2021-2022
- Best Clinical Case in the "Clinical Case Competition", Sharm Derma International Conference, October 2019.
- "Derma Cup" competition winner at "Derma Egypt" International conference February 2019"
- "Honors of Academic achievements", Biotechnology Program, The American University in Cairo, 9<sup>th</sup> May 2017.
- Joint-Supervision mission for PhD research registered in home country, Egyptian Ministry of higher education and research, 2017.
- Al Alfi Biotechnology Fellowship Sept 2015 May 2017, Biotechnology Program, The American University in Cairo.
- Laboratory Instruction Graduate Fellowship, February 2015 May 2015, Biotechnology program, The American University in Cairo.

# **Teaching Experience:**

- Dermatology postgraduate training program coordinator.
- Founder moderator of Musculoskeletal and Integumentary module 4<sup>th</sup> year medical students (2021/2022).
- Musculoskeletal and Integumentary module 4<sup>th</sup> year medical students.
- Renal module 4<sup>th</sup> year medical students.
- Dermatology Course for Family Medicine Master students.
- Classroom based teaching of Derm. 101 courses for 5<sup>th</sup> year medical students.

- Dermatology clinic rounds for 5<sup>th</sup> year medical students.
- Mentoring 14 dermatology residents in outpatient and inpatient settings.

## **Organizations:**

- European Academy of Allergy and Clinical Immunology 2011- Now.
- American Academy of Dermatology 2013 Now.
- Egyptian Society for psoriasis 2018 Now.
- Egyptian Association of Patients with psoriasis 2018 Now.

# Courses & Trainings:

- Vitiligo Surgery workshop, VIS Egypt 15<sup>th</sup> December 2024.
- Excimer lamp application workshop, VIS Egypt 13<sup>th</sup> December 2024.
- Vitiligo Surgery Course, Cairo University, Dermatology Department, 27th February 2014.
- Basic Dermatopathology Course, Cairo University, Dermatology Department, 25<sup>th</sup> February 2024.
- Dermatologic Surgery Course Al-Azhar University, Dermatology Department, November 2020 Attendee
- "Advanced Chemical peel" Workshop, Azhar Derma, 11th April 2019. Attendee.
- "Nanofat treatment of Scars" Workshop, Azhar Derma, 10th April 2019. Attendee.
- "Filler: Maps & Points" Workshop, Azhar Derma 11th April 2019. Attendee.
- "IPC Psoriasis Master Class", Cairo, 4<sup>th</sup>-5<sup>th</sup> April 2019. Attendee.
- Model systems in cancer research (PhD level course) (BIOT604/6204), Biotechnology program, AUC, February May 2016.
- Nanobiotechnology course (NANO 5271), Biotechnology program, AUC, September December 2015.
- Molecular basis and targeted therapy of melanoma skin cancer as an independent study (BIOT 5910), Biotechnology program, AUC, September December 2015.
- Experimental Biotechnology course (BIOT 504/5204), Biotechnology program, AUC, February May 2015.
- Mycology course, Doctorate in Dermatology and Venereology program, Zagazig University, February May 2015.
- Fundamentals of Bioinformatics course (BIOT 521/5206), Biotechnology program, AUC, September December 2014.
- Cell and Molecular Biology course (BIOT 502/5202), Biotechnology program, AUC, September December 2014.
- Biotechnology course (BIOT 503/5203), Biotechnology program, AUC, September December 2013.
- Hands on Training in Immunology Research Lab, Microbiology and Immunology Department, Faculty of Medicine, Zagazig University, June Nov 2013.
- Hands on Training in Genetic Lab Microbiology and Immunology Department, Faculty of Medicine, Zagazig University, June -Nov 2013.
- Molecular genetics course (BIOT 541/5208), Biotechnology program, AUC, February May 2013.

- Erb:YAG & CO2 lasers training course, Laser Unit, Dermatology Department, Faculty of Medicine, Zagazig University. March 2013.
- Bioinformatics and Biostatistics for beginners' course at Zagazig University, Jan 2012.
- "Stem Cell Isolation, culture and characterization" workshop at Faculty of Medicine Zagazig University, 30th-31st October 2011.
- IBQH "International Board for Quality and Healthcare" preparation course provided by ASQH.
- Basic life support and traumatology course held by Egyptian society of medical studies (ESMS) in co-operation with Cairo University and Kasr El Aini Teaching Hospitals.
- "Dangers of Drug Abuse and Addiction" training course held by The Fund for Drug abuse control and Addiction Management, Ministry of Health Egypt, 8th -10th August 2010.
- Basic surgical skills course held by Egyptian society of medical studies (ESMS) in cooperation with Cairo University and Kasr El Aini Teaching Hospitals, June 2010.
- "Research basics "workshop held by Egyptian society of Medical studies (ESMS) and Professional Medical Guide PMG, 22nd April 2010.

# Conferences & Meetings:

- "International Cosmetic Congress, ICC", 28th- 31stSeptember 2022. Speaker
- 4<sup>th</sup> annual conference of Zagazig University Dermatology Department "Zagazig Derma", 22<sup>nd</sup> July 2022. Speaker
- "Sharm Derma, 2021, Fall". 20<sup>th</sup> -22<sup>nd</sup> October 2021. Attendee
- "Interactive Dermatology 2<sup>nd</sup> Annual meeting, November 2019. Attendee.
- "Sharm Derma, 2019, Fall" 24th -27th October 2019. Case presenter & winner.
- "Dermoscopy Course", Sharm Derma, Fall 2019, 23<sup>rd</sup> October 2019. Speaker.
- "International Cosmetic Congress, ICC, 2019", 25th -27th September 2019. Speaker.
- "Acne Day" 18th July 2019, Dermatology Department, Zagazig University. Speaker.
- "Sharm Derma, 2019, Spring" 30th April- 3rd May 2019. Attendee.
- "Cosmetic Gynecology Symposium", 13<sup>rd</sup> 14<sup>th</sup> April 2019. Attendee.
- "Azhar Derma 2019", 10th -11th April 2019. Attendee.
- 12<sup>th</sup> Annual Meeting of Dermatology & Andrology Department Suez Canal University, 21-22 March 2019. Case presenter
- "Derma Egypt 2019", 6th -8th February 2019. Participant.
- "Sharm Derma 2018, Fall" 25<sup>th</sup>-27<sup>th</sup> October 2018. Participant.
- "Sharm Derma 2018, Fall, Precongress Dermoscopy Course", 24<sup>th</sup> October 2018. Attendee.
- "Cairo Derma VIII, The Many Faces of Dermatology", 17<sup>th</sup> 20<sup>th</sup> October 2018. Attendee.
- "35<sup>th</sup> Annual Dermatology & Andrology Conference, Mansuora Faculty of Medicine, 18<sup>th</sup>-19<sup>th</sup> October 2018. Attendee.
- "The International Training Academy's Workshop, ITA 2018, 6th 7th September 2018.

Attendee.

- "Middle East fellowship Course on Dermoscopy & Trichoscopy", Cairo, Egypt 3<sup>rd</sup>- 5<sup>th</sup> February 2017. Attendee
- "Ain Shams Dermoscopy Course", 23<sup>rd</sup> -24<sup>th</sup> January 2017, Aim Shams University, Faculty of Medicine, Dermatology Department. Attendee.
- Sharm Derma 2016 Fall, 27<sup>th</sup> -30<sup>th</sup> October 2016. Case presenter.
- "Update in Psoriasis" Meeting, Dermatology and Venereology Department, Faculty of Medicine Zagazig University, 7th May 2015. Attendee
- "Threading & Mycology" workshop, Dermatology, Venereology and Andrology Department, Faculty of Medicine, Al Azhar University, 7th April. Attendee
- "Dermatopathology" workshop, Dermatology, Venereology and Andrology Department, Faculty of Medicine, Al Azhar University, 8th April. Attendee
- 2nd Annual congress of Dermatology and Venereology Department, Faculty of Medicine Zagazig University, 26th March 2015. Attendee
- 1st Annual congress of Dermatology and Venereology Department, Faculty of Medicine, Zagazig University, 27th March 2014. Case presenter
- 16th summer congress of Egyptian Society of Dermatology and Venereology, 26th 28th September 2013.Attendee
- Cosmetic Annual congress of Egyptian society of Dermatology and Venereology 28th 29th July 2012. Case presenter
- Alex Dermatology society congress 21st Feb-23rd Feb 2012. Attendee
- 21st Annual congress of Egyptian Society of Dermatology and Venereology, 17th-19th Jan 2012. Attendee
- El Houd El Marsoud "Cairo Dermatology Hospital" Annual Clinical Meeting, November 2011. Attendee
- 8th Annual conference of Zagazig University Diabetes and endocrinology unit "A better life for Diabetics; focus on neuro endocrinology, 21st -23rd May 2008. Attendee

# Language Skills:

- Arabic: Mother tongue.
- English: Fluent (TOEFL IBT with total score of 102)
- German: study as a beginner

# **Computer Skills:**

- Excellent computer skills (Word, PowerPoint, Excel).
- Image J software.
- Good knowledge of relevant software application.